



Family Wellness Survey GLOSSARY

JOINING  FORCES
— FOR CHILDREN —

THE Consortium FOR
RESILIENT·YOUNG·CHILDREN

CAREGIVER

A caregiver is a family member or primary caregiver (like a foster parent) who interacts with your program even if they are not the one getting the program's services directly. For example, in a childcare setting, you would give the survey to the adult who does most of the care for the child in your program. This could be a parent, grandparent, foster parent, or someone else. These are the individuals that you directly or indirectly serve as a provider & they are the ones you will be developing a relationship with, giving the survey to, and scheduling a motivational interview with if needed.

PROVIDER

A provider is someone working with families of young children who will be using this training and tool to support their work with families. Providers include librarians, pastoral care workers, case managers, social workers, therapists, childcare providers - and more!

FAMILY WELLNESS SURVEY (FWS)

The family wellness survey is a survey that asks caregivers about their childhood ACEs, life satisfaction, wellbeing, and relationship with their child.

Also referred to as FWS.

FAMILY WELLNESS PROGRAM (FWP)

The family wellness program is the program that you are participating in. Providers in the Family Wellness Program are:

- Introduced to ACEs and resiliency factors proven to lessen long-term negative impact of stress
- Trained in delivering and interpreting the Family Wellness Survey and then
- Taught to use motivational interviewing skills to strengthen the resilience of the families with whom they are they are working.

FWS GOOGLE FORM

The family wellness survey Google form is an online form that is utilized for data entry from the FWS. When you deliver the FWS to a caregiver, it'll be in paper form. You will then enter those responses into our Google form, which will allow you to later access and manipulate the data.

Family Wellness Survey GLOSSARY continued

GOOGLE LOOKER STUDIO

The Google Looker Studio is the platform you will use to analyze and interpret caregivers' FWS responses. Through Looker Studio, you'll be able to look at an individual report or group report. These reports are further explained in the next slide.

MOTIVATIONAL INTERVIEWING (MI)

Motivational Interviewing is an evidence based, conversational approach to family engagement on topics related to change. The strategies used in Motivational Interviewing are designed to help you have a reflective conversation with the caregivers in your program about their own interest in considering and/or making a change in any component of their life (parenting, self-care, health, etc.).

MOTIVATIONAL INTERVIEWING (MI) PREP TOOL

The motivational interviewing prep tool is a worksheet we designed to help you plan out your Motivational Interviews with caregivers after you've reviewed their Family Wellness Survey Data. This tool will be available to download once you've completed your Module 3 Motivational interviewing training.

FWS REPORT FOR INDIVIDUAL DATA

This is the Google Looker Studio report where you'll be able to pull up information about a single caregiver, such as:

- A short overview of a caregiver's FWS results
- A full breakdown of a caregiver's FWS results
- Comparison of a caregiver's pre- and post- FWS data so that you can identify changes and progress in the caregiver & family's level of resilience, strengths, and areas for support.

FWS REPORT FOR GROUP DATA

If you work with multiple caregivers in a group setting like a classroom, story time group, parent support group, or group home setting, you may want to review multiple caregivers' data at once to identify shared strengths or different areas for support among a group of caregivers. The FWS Report for Group Data allows you to look at aggregated data:

- Average caregiver ACEs score
- Distribution of ACEs scores

