

Helping Children and Families Cope
through Difficult Situations Community of

Practice Activity 2: 3 R's Scenario

Scenario: Lea is playing in the sandbox with Max. They are both building in the sand together. Max is using the big shovel and Lea wants to use it. Max refuses to give her the shovel and hides it behind his back. Lea tries grabbing it and Max falls to the ground and begins to cry. The staff member goes to sooth Max, Lea walks away and begins to cry. How would you use the 3 Rs to assist Lea?

